

RESULTS :
7500 m

TUSSEN TWEE FEESTENLOOP
KNOKKE
27/12/2025

rank	bib	gender	name [catg / year]			time	time / km	km/h
250		M	Acket Robbe [-] 1998	Sint-andries	----	42:18	05:38	10.60
248		F	Adams Eloise [-] 2011	Duisburg	----	37:38	05:01	12.00
247		M	Adams Tom Willy J [50 +] 1973		----	43:04	05:44	10.40
917		M	Akar Milan [-] 2010	Assebroek	----	48:56	06:31	9.20
785		F	Anseeuw Joye [-] 1990	Blankenberge	Acb	50:39	06:45	8.90
644		F	Axters Mieke [-] 1986	Adegem	----	40:54	05:27	11.00
182		M	Baekelandt Gilles [-] 1999		----	30:05	04:00	15.00
992		F	Ballegeer Amber [-] 1998	Assebroek	----	41:23	05:31	10.90
912		F	Basselier Karla [40 +] 1981	Bottelare	----	45:18	06:02	9.90
516		F	Beernaert Eline [-] 2003	Knokke	Running	50:36	06:44	8.90
517		F	Beernaert Julie [-] 2000	Knokke	Running	50:34	06:44	8.90
586		M	Berckmans Thibauld [-] 1992	Heist-aan-zee	----	50:07	06:40	9.00
532		F	Berens Yara [-] 2003	Heist-aan-zee	----	54:02	07:12	8.30
1045		M	Berlofa Enzo [-] 2009	Bavegem	Ksk Vlierzele	36:44	04:53	12.30
1040		M	Besems Ivo [-] 1991		----	36:40	04:53	12.30
515		M	Bijnens Olivier [-] 2002	Knokke	----	27:58	03:43	16.10
900		F	Blomme Kitty [-] 1989	Knokke	----	41:15	05:30	10.90
987		M	Blomme Ward [60 +] 1946		----	35:37	04:44	12.60
242		F	Boelens Fiona [-] 2003	Berlaar	----	57:01	07:36	7.90
235		M	Bogaert Arne [-] 2003	Brugge	----	43:39	05:49	10.30
233		F	Bogaert Lore [-] 2000	Brugge	----	43:43	05:49	10.30
1005		F	Bogaerts Jorun [-] 2008	Duffel	/	48:58	06:31	9.20
567		M	Bommelé Sieben [-] 1999	Ertvelde	----	33:43	04:29	13.30
254		F	Boncquet Joke [-] 1986	Sint-agatha-	----	45:09	06:01	10.00
881		M	Bonte Jef [-] 2015	Brugge	Dosko	40:50	05:26	11.00
882		M	Bonte Michiel [40 +] 1982	Brugge	Los	40:49	05:26	11.00
747		F	Bouchier Gwen [40 +] 1981	Vinderhoute	----	49:23	06:35	9.10
189		F	Boudry Isabelle [-] 1988		----	48:49	06:30	9.20
1200		M	Bouillon Luca [-] 2013	Knokke	----	38:16	05:06	11.80
771		M	Boussemaere Roland [60 +] 1946	Heist-aan-zee	Deva	42:38	05:41	10.60
185		M	Bouwens Guy [60 +] 1963		----	41:58	05:35	10.70
811		M	Boyer De La Giroday Frédéric [40 +] 1983	Sint-pieters-	----	38:07	05:04	11.80
861		F	Broekaert Elise [-] 1997	Heist-aan-zee	----	52:06	06:56	8.60
538		M	Brokx Stijn [-] 1998		Ironmanager	29:32	03:56	15.20
1060		M	Brusselle Claus [40 +] 1985		----	35:51	04:46	12.60
625		F	Burggraeve Joke [-] 1991	Heist-aan-zee	----	56:58	07:35	7.90
581		M	Busschaert Louis [-] 1997	Gullegem	----	56:25	07:31	8.00
583		F	Busschaert Emma [-] 1999	Gullegem	----	38:28	05:07	11.70
839		M	Buyl Leopold [60 +] 1962	Edingen	----	47:06	06:16	9.60

1194	M	Callant Zias [-] 2002	Knokke	----	56:54	07:35	7.90
582	F	Carbonez Julie [-] 1996	De Haan	----	56:25	07:31	8.00
190	F	Carpentier Laurine [-] 2013		----	48:50	06:30	9.20
214	M	Castelein Joren [-] 2008	Knokke	3tk	28:43	03:49	15.70
514	M	Casteleyn Giliano [-] 1998	Beveren-waas	----	34:01	04:32	13.20
612	F	Cattoor Loes [-] 1999	Heist-aan-zee	3tk	42:34	05:40	10.60
728	M	Cattoor Gert [50 +] 1968	Maldegem	Gren Leaves	48:15	06:26	9.30
184	F	Cattoor Kelly [40 +] 1977		----	48:44	06:29	9.20
845	F	Ceulemans Sandra [50 +] 1970	Brasschaat	----	58:30	07:48	7.70
527	M	Claerhoudt Bram [-] 1995	Maldegem	----	56:30	07:32	8.00
791	M	Claeys Laurean [-] 2007	Damme	Kasteel Van	45:38	06:05	9.90
792	M	Claeys Kurt [-] 2009	Damme	Kasteel Van	45:40	06:05	9.90
793	F	Claeys Marie-lise [-] 2009	Damme	Kasteel Van	48:43	06:29	9.20
825	F	Claeys Delphine [-] 1986	Dudzele	----	47:18	06:18	9.50
1170	M	Claeys Nicolas [40 +] 1982		----	41:06	05:28	10.90
1174	M	Claeys Cil [-] 2000	Damme	Fc Cil	54:37	07:16	8.20
605	F	Coen Sara [-] 2002	Brugge	----	42:48	05:42	10.50
606	F	Coen Peter [-] 2002	Brugge	----	37:52	05:02	11.90
863	F	Coene Hannah [-] 2011	Heist-aan-zee	----	38:33	05:08	11.70
1057	M	Coene Ruth [-] 2001	Heist-aan-zee	----	38:32	05:08	11.70
1223	F	Coessens Alexia [-] 2009	Overijse	----	44:48	05:58	10.00
562	F	Compernelle Peggy [40 +] 1976	Damme	----	41:21	05:30	10.90
613	M	Constant Peter [60 +] 1964	Hertsberge	----	42:20	05:38	10.60
821	M	Coosemans Stephan [40 +] 1980	Knokke	3tk Knokke-	32:19	04:18	13.90
1032	F	Coppin Ann-sophie [-] 1988	Knokke	Team	44:38	05:57	10.10
997	M	Corion Christophe [40 +] 1979	Knokke	----	31:53	04:15	14.10
998	M	Corion Arno [-] 2010	Heist-aan-zee	----	34:33	04:36	13.00
999	M	Corion Matisse [-] 2014	Heist-aan-zee	----	39:50	05:18	11.30
1210	F	Corion Eveline [40 +] 1977	Assebroek	----	47:23	06:19	9.50
1547	F	Cornelis Annelies [40 +] 1980	Aalter	----	57:06	07:36	7.90
686	M	Cosaert Kristof [-] 1993	Ettelgem	----	53:58	07:11	8.30
1015	M	Cosaert Bart [40 +] 1977	Knokke	----	41:08	05:29	10.90
531	F	Cosyn Indra [-] 2003	Heist-aan-zee	----	54:48	07:18	8.20
224	M	Courier Gilles [50 +] 1970	Esquelmes	----	46:42	06:13	9.60
571	M	Courtois Eric [50 +] 1974	Knokke	----	42:21	05:38	10.60
573	M	Courtois Edward [-] 2010	Knokke	----	31:22	04:10	14.30
752	F	Cousaert Eline [40 +] 1982	Wingene	----	40:06	05:20	11.20
596	M	Couttenier Axel [50 +] 1966	Knokke	----	43:24	05:47	10.40
995	F	Cox Catherine [-] 1986		----	50:26	06:43	8.90
656	F	Cremers Evelyn [40 +] 1979	Maldegem	Runnersdrea	42:56	05:43	10.50
165	M	D Haese Baptiste [-] 2005		----	43:48	05:50	10.30
867	F	D'hooghe Sandy [50 +] 1974	Tiegem	----	48:14	06:25	9.30
666	M	D'hoop Nils [40 +] 1985	Damme	----	54:24	07:15	8.30

555	M	Danneels Jacques [60 +] 1962	Knokke	Running	39:03	05:12	11.50
563	F	De Backer Julie [-] 1998	Blankenberge	----	41:12	05:29	10.90
1008	F	De Backer Sandrine [-] 1990	Itegem	----	48:30	06:28	9.30
657	F	De Baets Christophe [50 +] 1975	Maldegem	----	42:59	05:43	10.50
658	F	De Baets Siel [-] 2012	Maldegem	----	34:42	04:37	13.00
1133	M	De Block John [50 +] 1968	Knokke	Deva	39:59	05:19	11.30
173	M	De Bolster Frank [60 +] 1965		----	34:43	04:37	13.00
1186	M	De Bosschere Stefaan [50 +] 1970	Harelbeke	----	43:13	05:45	10.40
817	F	De Bruyckere Nathalie [50 +] 1966	Knokke	3tk Knokke-	52:26	06:59	8.60
711	M	De Bruyne Jan [-] 1986	Astene	----	36:32	04:52	12.30
748	M	De Busscher Daan [-] 2013	Vinderhoute	----	45:29	06:03	9.90
1192	M	De Canck Tom [50 +] 1972		----	45:59	06:07	9.80
1193	M	De Canck Vanden Borre Amaury [-] 2014	Knokke	----	45:58	06:07	9.80
1048	M	De Cnijf Eduard [-] 2000	Bierbeek	----	53:46	07:10	8.40
905	F	De Deyne Evelien [40 +] 1979	Brugge	----	52:01	06:56	8.70
236	M	De Dobbelaere Lucas [-] 1996	Knokke	----	38:39	05:09	11.60
626	F	De Geyter Jel [40 +] 1984	Knokke	----	56:57	07:35	7.90
679	M	De Graeve Arne [-] 1990	Heist-aan-zee	----	42:52	05:42	10.50
928	M	De Groote Jan [60 +] 1957	Knokke	Deva	43:42	05:49	10.30
933	F	De Groote Delphine [-] 1999	Heist-aan-zee	----	50:01	06:40	9.00
1510	M	De Jongh Kenny [-] 1989	Waterland-	----	53:10	07:05	8.50
1006	M	De Ketelaere Andy [40 +] 1979	Hansbeke	----	38:08	05:05	11.80
617	F	De Keyser Annick [60 +] 1964	Knokke	----	48:18	06:26	9.30
1180	F	De Kezel Els [50 +] 1974	Heist-aan-zee	----	46:23	06:11	9.70
740	M	De Lange Jan [40 +] 1979	Mariakerke	----	44:25	05:55	10.10
741	M	De Lange Job [-] 2014	Mariakerke	----	44:26	05:55	10.10
1175	F	De Latte Inge [50 +] 1972	Impe	----	46:53	06:15	9.60
681	M	De Letter Kristof [40 +] 1979	Eeklo	----	56:43	07:33	7.90
989	M	De Maescchalck Mauro [60 +] 1946		----	37:46	05:02	11.90
659	M	De Meulenaere Seppe [-] 2002	Blankenberge	----	44:33	05:56	10.10
669	F	De Meulenaere Ambretta [-] 2002	Blankenberge	----	55:02	07:20	8.20
744	M	De Moor Rune [-] 2013	Balegem	----	37:48	05:02	11.90
745	M	De Moor Koen [40 +] 1983	Balegem	----	37:17	04:58	12.10
916	M	De Mulder Jan [60 +] 1951	Knokke	Deva	41:02	05:28	11.00
1010	M	De Muynck Luc [50 +] 1967	Knokke	----	46:57	06:15	9.60
245	M	De Neve Louis [-] 2004	Duisburg	----	34:15	04:34	13.10
1039	M	De Noyette Stephan [50 +] 1968	Damme	----	48:28	06:27	9.30
768	F	De Pau Allyssia [-] 2006	Knokke	Na	49:56	06:39	9.00
192	M	De Plancke Louis [-] 2000	Knokke	2night Crew	48:36	06:28	9.30
770	M	De Roover Jordy [-] 1991	Daknam	Na	43:33	05:48	10.30
736	F	De Ruyver Camille [-] 2009	Liedekerke	----	47:34	06:20	9.50
570	M	De Schuyter Lio [-] 2013	Knokke	Voetbal	38:36	05:08	11.70
816	M	De Schuyter Ruben [-] 2004	Knokke	3tk Knokke-	40:02	05:20	11.20

1543	F	De Schuyter Annabel [-] 1998			----	48:20	06:26	9.30
803	F	De Smet Eline [-] 1998	Damme	Kasteel Van		48:04	06:24	9.40
181	F	De Veylder Annelore [-] 1999			----	33:40	04:29	13.40
240	F	De Vlieger Phebe [-] 2009	Ertvelde		----	51:51	06:54	8.70
239	M	De Vlieger Kristof [40 +] 1981	Ertvelde		----	29:02	03:52	15.50
193	M	De Vogelaere Nathan [-] 2000	Knokke	2night Crew		48:39	06:29	9.20
676	M	De Volder Nick [-] 1991	Heist-aan-zee		----	41:19	05:30	10.90
1511	F	De Voogt Elke [-] 1994	Heist-aan-zee		----	53:04	07:04	8.50
512	F	De Vos Ann [40 +] 1975	Eeklo		----	54:43	07:17	8.20
1544	M	De Vriese Michel [60 +] 1964			----	54:46	07:18	8.20
1275	M	De Waele Jerome [40 +] 1976	Knokke		----	43:17	05:46	10.40
1276	F	De Waele Juliette [-] 2011	Knokke		----	44:50	05:58	10.00
1025	F	De Wandel Bo [-] 2011	Heist-aan-zee		----	46:44	06:13	9.60
1027	F	De Wandel Nina [-] 2010	Heist-aan-zee		----	49:02	06:32	9.20
1009	M	De Weghe Tijn [-] 1990	Itegem		----	48:30	06:28	9.30
1064	M	De Wit Frederik [-] 2006	Sinaai-waas		----	53:14	07:05	8.50
1065	M	De Wit Kurt [50 +] 1969	Sinaai-waas		----	56:36	07:32	8.00
800	M	De Zutter Annelien [-] 2000	Damme	Kasteel Van		46:45	06:14	9.60
807	M	De Zwaef Frederik [-] 1986	Damme	Kasteel Van		40:17	05:22	11.20
651	M	Debaere Lucas [-] 2001	Meulebeke		----	34:31	04:36	13.00
856	M	Debbaut Felix [-] 1990	Knokke	Optramar		32:05	04:16	14.00
183	M	Debrabandere Tim [40 +] 1981			----	48:47	06:30	9.20
579	F	Debruyne Ellen [40 +] 1984	Knokke		----	49:41	06:37	9.10
729	M	Deburchgraeve Thimo [-] 1997	Knokke		----	49:20	06:34	9.10
541	F	Decerf Emilie [-] 2000	Heist-aan-zee	Running		50:31	06:44	8.90
623	M	Decerf Luca [-] 2003	Bierbeek		----	38:41	05:09	11.60
624	M	Decerf Kyan [-] 2005	Bierbeek		----	43:31	05:48	10.30
812	M	Decorte Warre [-] 2006	Heist-aan-zee	3tk Knokke-		25:58	03:27	17.30
819	M	Decorte Frank [60 +] 1964	Heist-aan-zee	3tk Knokke-		33:27	04:27	13.50
820	M	Decorte Kasper [-] 2002	Heist-aan-zee	3tk Knokke-		27:46	03:42	16.20
783	M	Decroo Tom [50 +] 1973	Mariakerke	Sk		44:32	05:56	10.10
784	M	Decroo Andreas [-] 2014	Mariakerke	Sk		44:23	05:55	10.10
976	F	Decuypere Nathalie [-] 1988	Heist-aan-zee		----	52:22	06:58	8.60
977	F	Decuypere Stephanie [40 +] 1983	Heist-aan-zee		----	52:19	06:58	8.60
696	M	Defoort Tom [-] 1993	Knokke		----	24:12	03:13	18.60
709	F	Dejaeghere Severine [40 +] 1985	Astene		----	40:31	05:24	11.10
191	M	Dejean Lloyd [-] 2004	Charleroi		----	30:56	04:07	14.50
603	M	Delbar Jean-françois [60 +] 1961	Knokke		----	52:12	06:57	8.60
889	M	Delbecque Mathias [-] 1995	Sint-andries		----	40:23	05:23	11.10
1279	F	Deloddere Marie [-] 1999	Knokke		----	56:51	07:34	7.90
632	F	Demarey Sofie [-] 1990	Knokke		----	51:01	06:48	8.80
533	M	Demeester Daimen [-] 2001	Heist-aan-zee		----	54:50	07:18	8.20
602	M	Demeester Dylan [-] 1997	Heist-aan-zee		----	33:35	04:28	13.40

715	M	Demeyer Dries [40 +] 1983	Anzegem	----	41:10	05:29	10.90
716	M	Demeyer Julien [-] 2013	Anzegem	----	29:34	03:56	15.20
717	M	Demeyer Léon [-] 2011	Anzegem	----	35:11	04:41	12.80
727	F	Demoen Fauve [-] 2000	Knokke	2night Crew	36:41	04:53	12.30
1062	M	Demoen Ewout [-] 1990	Sint-andries	Sky	26:11	03:29	17.20
604	F	Demon Cindy [40 +] 1981	Damme	Poerdroge	43:02	05:44	10.50
1204	F	Den Haeze Wendy [40 +] 1985	Eeklo	----	56:20	07:30	8.00
1195	M	Depoorter Yves [50 +] 1968	Knokke	Jumper	31:53	04:15	14.10
1056	M	Deroo Mathieu [-] 1986	Knokke	Deva	39:22	05:14	11.40
550	M	Deroose Zeger [60 +] 1965	Heist-aan-zee	----	55:23	07:23	8.10
551	M	Deroose Daan [-] 2007	Heist-aan-zee	----	55:26	07:23	8.10
750	M	Derynck Jasper [-] 2001	Jabbeke	----	35:47	04:46	12.60
601	M	Deschacht Kjell [-] 1998	De Haan	----	31:17	04:10	14.40
621	F	Desmedt Julie [-] 1995	Heist-aan-zee	----	52:36	07:00	8.60
213	M	Desmet Joshua [-] 2001	Heist-aan-zee	----	49:50	06:38	9.00
950	F	Desmidt Marie [-] 2002	Heist-aan-zee	----	49:55	06:39	9.00
1277	M	Desmidt Giles [-] 2000	Heist-aan-zee	----	56:52	07:34	7.90
1181	M	Detavernier Leon [-] 2008		----	37:10	04:57	12.10
897	F	Devaere Lieselot [40 +] 1984	Knokke	----	51:05	06:48	8.80
618	F	Devinck Martine [60 +] 1957	Knokke	----	48:18	06:26	9.30
608	M	Devisch Martijn [40 +] 1984	Knokke	----	33:26	04:27	13.50
258	F	Devlieger Lisa [-] 1993	Brugge	----	58:14	07:45	7.70
259	F	Devlieger Line [-] 1989	Knokke	----	58:15	07:46	7.70
918	M	Devriese Jimmy [50 +] 1969	Knokke	----	33:28	04:27	13.40
544	F	Dewaele Hannelore [-] 2008		----	43:23	05:47	10.40
545	M	Dewaele Laurens [-] 2006		----	41:47	05:34	10.80
546	M	Dewaele Roel [40 +] 1976		----	37:32	05:00	12.00
809	F	Deweerd Heike [40 +] 1981	Knokke	----	56:16	07:30	8.00
172	F	Deygers Elke [-] 1990		----	45:34	06:04	9.90
559	F	Dhondt Katelijne [-] 1991	Loppem	----	45:05	06:00	10.00
993	F	Dhondt Ellenmae [-] 1998	Assebroek	----	56:39	07:33	7.90
773	M	Dhont Philip [50 +] 1971	Peutie	----	56:31	07:32	8.00
219	F	Diaferia Laura [-] 1999	Lanaye	----	53:01	07:04	8.50
220	M	Diaferia Alexandre [-] 2001	Lanaye	----	33:16	04:26	13.50
1271	F	Dieltiens Marie [-] 2001	Heist-aan-zee	----	56:55	07:35	7.90
1066	F	Dierckx Enid [-] 2008	Bonheiden	----	38:43	05:09	11.60
548	F	Dobbelaere Digne [-] 2005	Heist-aan-zee	----	23:25	03:07	19.20
634	F	Dufour Kyara [-] 1997	Blankenberge	----	38:36	05:08	11.70
203	F	Dur Pauline [-] 2000	Knokke	2night Crew	34:45	04:38	12.90
1227	M	Dutordoir Jean [40 +] 1981	Duisburg	----	32:13	04:17	14.00
712	F	Emsens Karen [40 +] 1984	Astene	----	36:34	04:52	12.30
204	M	Eskens Luka [-] 2000	Knokke	2night Crew	33:55	04:31	13.30
205	M	Eskens Milan [-] 2000	Knokke	2night Crew	47:42	06:21	9.40

864	M	Fascella Donato [40 +] 1977	Knokke	Ih Invest	45:03	06:00	10.00
865	M	Fascella Hugo [-] 2003	Knokke	Ih Invest	42:54	05:43	10.50
684	F	Favril Virginie [40 +] 1976		----	49:37	06:36	9.10
1024	M	Flore Marc [60 +] 1961	Knokke	----	38:58	05:11	11.50
557	F	Fondu Delphine [50 +] 1972		Avia Club	43:03	05:44	10.50
838	F	Fontaine Marieke [-] 2000		----	46:49	06:14	9.60
222	M	Formisano Anthony [-] 1997	Lanaye	----	53:04	07:04	8.50
1540	M	G Koen [50 +] 1973	Aalter	----	53:16	07:06	8.40
588	F	Gaelens Chloé [-] 1988	Heist-aan-zee	----	56:37	07:32	7.90
988	F	Geeraerd Helen [60 +] 1946		----	48:31	06:28	9.30
991	M	Geeraerd Sebastien [60 +] 1946		----	42:14	05:37	10.70
1541	F	Geirnaert Jolien [-] 2012	Aalter	----	53:18	07:06	8.40
227	M	Geirnaert Lukas [-] 2010	Aalter	----	28:57	03:51	15.50
1026	F	Gheldof Annelies [40 +] 1980	Heist-aan-zee	----	49:01	06:32	9.20
798	M	Gheleyns Michiel [-] 2000	Damme	Kasteel Van	33:46	04:30	13.30
804	M	Gheleyns Jeroen [-] 1995	Damme	Kasteel Van	34:55	04:39	12.90
535	M	Giusti Robert [60 +] 1965	Brugge	----	31:13	04:09	14.40
846	M	Goddaert Koen [60 +] 1964	Hove	----	47:44	06:21	9.40
556	F	Goegebeur Sarah [-] 1996	Knokke	3tk	42:30	05:40	10.60
206	M	Goelen Maikel [-] 2000	Knokke	2night Crew	42:07	05:36	10.70
672	M	Govaert Stefaan [50 +] 1971	Knokke	----	43:20	05:46	10.40
926	F	Govaert Ann-sophie [-] 2001	Jabbeke	----	54:19	07:14	8.30
961	M	Govaerts Johan [60 +] 1953	Edegem	Casino	38:17	05:06	11.80
1259	M	Govaerts Filip [] 191		----	36:34	04:52	12.30
587	M	Grijp Rutger [-] 1994	Eeklo	----	53:15	07:06	8.50
1171	M	Haekens Tuur [-] 2011	Tremelo	----	45:07	06:00	10.00
1172	M	Haekens Max [-] 2005	Tremelo	----	41:02	05:28	11.00
978	M	Hauspie Fenn [-] 2014	Heist-aan-zee	----	45:51	06:06	9.80
979	M	Hauspie Glenn [40 +] 1984	Heist-aan-zee	----	45:49	06:06	9.80
1136	M	Heistercamp Jasper [-] 2002	Grimbergen	/	41:15	05:30	10.90
1043	M	Hendrickx Jordi [-] 2011	Bavegem	Ksk Vlierzele	36:44	04:53	12.30
1044	M	Hendrickx Jasper [-] 2009	Bavegem	Ksk Vlierzele	35:19	04:42	12.70
735	M	Herrebosch Laurens [-] 1988	Brasschaat	----	38:03	05:04	11.80
870	M	Hes Alexander [60 +] 1958	Knokke	----	54:07	07:12	8.30
742	M	Hessels Peter [40 +] 1979	Elversele	----	48:42	06:29	9.20
743	M	Hessels Jef [-] 2013	Elversele	----	37:36	05:00	12.00
524	F	Heysse Ilse [40 +] 1978	Knokke	----	44:57	05:59	10.00
832	M	Hiel Lukas [-] 1998	Knokke	----	51:58	06:55	8.70
1023	M	Hilgers Hippolyte [-] 2002	Malèves-sainte-	----	30:12	04:01	14.90
1033	M	Hillemans Philippe [-] 1988	Knokke	Team	47:08	06:17	9.50
822	M	Himschoot Thibault [-] 2002	Knokke	3tk Knokke-	30:20	04:02	14.80
518	M	Hoebeke Thibaut [-] 1997	Knokke	----	54:10	07:13	8.30
194	M	Hoest Thibaud [-] 2000	Knokke	2night Crew	27:25	03:39	16.40

848	F	Hoste Mieke [40 +] 1984	Waarschoot	----	52:56	07:03	8.50
635	M	Huysman Jens [-] 1993	Blankenberge	8370	38:06	05:04	11.80
1030	M	Ingelbrecht Anthony [-] 1986	Knokke	Team	44:38	05:57	10.10
1031	F	Ingelbrecht Annelie [-] 1989	Knokke	Team	46:39	06:13	9.60
1222	M	Janssens Nicholas [-] 1996	Aalst	----	32:00	04:16	14.10
1184	F	Jeuris Elien [-] 2002	Heist-aan-zee	----	43:35	05:48	10.30
615	M	Jonckheere Maxim [-] 2003	Heist-aan-zee	----	30:26	04:03	14.80
1189	M	Kallaert Benoît [50 +] 1975	Gent	----	40:36	05:24	11.10
969	F	Kalogianni Maria [-] 1995	Schaarbeek	----	38:44	05:09	11.60
805	M	Keppens Louise [-] 2000	Damme	Kasteel Van	44:00	05:52	10.20
590	M	Kerckhof Louis [-] 1994	Damme	3tk	36:47	04:54	12.20
1225	F	Kesteloot Nele [-] 1987	Vosselaar	----	43:08	05:45	10.40
1208	M	Khademi Maxim [-] 2013	Wilrijk	----	46:11	06:09	9.70
195	M	Kiekens Paul [-] 2000	Knokke	2night Crew	39:27	05:15	11.40
1187	F	Klinkers Anouk [50 +] 1975	Oevel	----	38:18	05:06	11.70
1513	F	Klutz Martine [50 +] 1970	Braine-le-	----	54:58	07:19	8.20
620	M	Knockaert Kevin [-] 1992	Heist-aan-zee	----	52:37	07:00	8.60
1034	M	Kuystermans Tom [50 +] 1974	Assebroek	Team	47:10	06:17	9.50
637	M	Lahaye Bert [40 +] 1977	Assebroek	Olympic	38:27	05:07	11.70
638	M	Lahaye Mauro [-] 2008	Assebroek	Olympic	30:33	04:04	14.70
534	M	Lambert Laurent [-] 1989	Sint-andries	----	42:43	05:41	10.50
217	F	Lameire Elise [-] 2000	Knokke	----	45:19	06:02	9.90
1000	M	Lammens Lorenzo [-] 1992	Sint-andries	----	42:36	05:40	10.60
537	F	Lamote Silke [-] 1997	Damme	----	51:11	06:49	8.80
779	F	Lamote Heidi [50 +] 1971	Knokke	Deva	52:25	06:59	8.60
1514	M	Lamote Frederik [40 +] 1981	Knokke	----	49:17	06:34	9.10
695	M	Lampo Maxime [-] 2003	Knokke	----	28:59	03:51	15.50
850	M	Lamyns Cedric [-] 1998	Knokke	----	49:43	06:37	9.10
919	M	Lanckriet Max [50 +] 1970	Heist-aan-zee	----	53:28	07:07	8.40
920	M	Lanckriet Charles [-] 2003	Heist-aan-zee	----	47:37	06:20	9.50
921	M	Lanckriet Alexis [-] 2005	Heist-aan-zee	----	36:49	04:54	12.20
1190	M	Lanckriet Aaron [-] 2002	Knokke	----	56:50	07:34	7.90
246	F	Lannoije Virginie [-] 2000	Knokke	----	43:07	05:44	10.40
814	M	Lannoy Kenny [-] 1987	Knokke	3tk Knokke-	34:48	04:38	12.90
1202	M	Laporte Maxim [-] 1991	Sint-elois-vijve	----	43:28	05:47	10.40
379	F	Lardon Christine [50 +] 1974	Elversele	----	44:41	05:57	10.10
1551	M	Latacz Lukas [40 +] 1982	Kessel Lo	----	51:44	06:53	8.70
796	F	Lauwereins Angelina [-] 2003	Damme	Kasteel Van	52:59	07:03	8.50
1028	M	Lauwerys Thomas [-] 2015		----	25:22	03:22	17.70
737	M	Leemans Emile [-] 2009	Brussegem	----	46:22	06:10	9.70
738	F	Leemans Louise [-] 2011	Brussegem	----	47:29	06:19	9.50
631	M	Lefevre Dimitri [50 +] 1973	Knokke	----	51:00	06:48	8.80
633	M	Lefevre Lowie [-] 2006	Knokke	----	55:36	07:24	8.10

572	F	Lenaerts Julie [-] 1990	Hamme	----	38:47	05:10	11.60
574	M	Lenaerts Herman [50 +] 1966	Hamme	----	38:46	05:10	11.60
781	F	Lepercq Kaya [-] 2001	Beveren	----	54:46	07:18	8.20
237	F	Leupe Liesen [-] 2000	Sint-andries	----	46:31	06:12	9.70
935	M	Lezy Matthias [-] 1988	Dudzele	----	39:20	05:14	11.40
683	M	Lieben Alec [-] 2013	Antwerpen	----	38:12	05:05	11.80
685	M	Lieben Julien [-] 2014	Antwerpen	----	49:37	06:36	9.10
810	M	Litvine Vladimir [-] 1987	Elsene	----	40:46	05:26	11.00
871	M	Lodens Ian [-] 1998	Schaarbeek	----	38:41	05:09	11.60
872	M	Lodens Ray [-] 2004	Heist-aan-zee	----	38:45	05:10	11.60
1016	M	Loeys Bram [-] 1999	Hertsberge	----	31:26	04:11	14.30
234	F	Loncke Birgit [-] 1999	Brugge	----	43:36	05:48	10.30
1274	M	Longin Stienes [-] 1991	Rotselaar	----	35:03	04:40	12.80
162	M	Loose Simon [-] 1998		----	47:13	06:17	9.50
595	F	Louwagie Nala [-] 2011	Damme	----	56:18	07:30	8.00
786	M	Louwagie Nathan [-] 2008	Beernem	----	54:56	07:19	8.20
170	M	Lubelsig Laurent [50 +] 1974		----	50:44	06:45	8.90
794	M	Maas Alex [50 +] 1968	Damme	Kasteel Van	36:26	04:51	12.40
795	F	Maas Sarah-ann [-] 2007	Damme	Kasteel Van	43:05	05:44	10.40
671	M	Maenhout David [50 +] 1975	Heist-aan-zee	----	37:56	05:03	11.90
896	M	Maenhout Karel [-] 1986	Jabbeke	----	26:05	03:28	17.30
594	F	Maertens Kaylyn [-] 2011	Damme	----	56:16	07:30	8.00
927	F	Maertens Nadia [50 +] 1970	Jabbeke	----	54:21	07:14	8.30
699	F	Maes Ellen [-] 1996	Sint-martens-	----	47:02	06:16	9.60
734	F	Maes Cindel [-] 1991	Aartselaar	----	45:14	06:01	9.90
763	F	Maes Sieglinde [50 +] 1969	Knokke	----	42:53	05:43	10.50
523	M	Mahieu Jonas [40 +] 1982	Knokke	----	44:57	05:59	10.00
1022	F	Mahieu Liese [-] 2001	Dudzele	----	48:32	06:28	9.30
218	M	Marchand Jasper [-] 2001	Heist-aan-zee	----	45:22	06:02	9.90
777	M	Marclé Xander [-] 1999	Hertsberge	Sport	25:00	03:20	18.00
866	M	Mathieu Hugo [-] 2000	Knokke	Ih Invest	32:35	04:20	13.80
1038	M	Mattheeuwd Tuur [-] 2000	Heist-aan-zee	3tk	37:44	05:01	11.90
197	F	Mattheeuws Trees [-] 2000	Knokke	2night Crew	28:18	03:46	15.90
1072	F	Mattheeuws Joke [-] 1989	Mol	----	51:16	06:50	8.80
1278	M	Mattheeuws Stan [-] 1997	Brugge	----	42:17	05:38	10.60
256	M	Matthijs Thomas [-] 1989	Brugge	----	58:17	07:46	7.70
201	M	Mercy Rhino [-] 2000	Damme	2night	42:28	05:39	10.60
564	F	Mertens Thais [-] 1987	's Gravenwezel	----	55:41	07:25	8.10
592	M	Mertens Danny [60 +] 1963	Knokke	----	35:21	04:42	12.70
1557	F	Mestdach Astrid [-] 1994	Knokke	----	53:37	07:08	8.40
164	F	Meuris Delphine [-] 1998		----	47:14	06:17	9.50
1558	M	Moens Filip [40 +] 1978	Keerbergen	----	39:00	05:12	11.50
1550	M	Moens Frederick [-] 2010	Keerbergen	----	45:11	06:01	10.00

1559	M	Moens Alexander [-] 2010	Keerbergen	----	45:06	06:00	10.00
1052	M	Moeys Michael [40 +] 1984	Leefdaal	----	35:43	04:45	12.60
808	F	Monbaliu Anouk [-] 1992	Dudzele	----	56:14	07:29	8.00
1201	M	Morel Nicolas [-] 2006	Knokke	----	41:53	05:35	10.70
706	M	Mortier Jan [60 +] 1959	Knokke	Deva	40:41	05:25	11.10
965	M	Mortier Amaury [-] 1998	Antwerpen	Deva	36:21	04:50	12.40
1029	F	Mus Hilde [40 +] 1979	Knokke	----	42:56	05:43	10.50
1047	F	Muys Sarah [-] 1998	Bierbeek	----	53:44	07:09	8.40
1183	F	Mys Sarah [40 +] 1979		----	51:17	06:50	8.80
186		Naam Niet Gekend []		----	41:25	05:31	10.90
703	M	Nachtergaele Jonathan [-] 1994		----	61:51	08:14	7.30
249	M	Neirinck Jeroen [-] 1987	Hasselt	----	53:57	07:11	8.30
767	F	Neukermans Evelien [40 +] 1981	Knokke	Na	43:32	05:48	10.30
1556	F	Neyt Nathalie [50 +] 1971	Heist-aan-zee	----	52:41	07:01	8.50
876	M	Nimmegeers David [-] 1996	Dudzele	----	44:46	05:58	10.10
238	F	Notte Annelies [40 +] 1981	Ertvelde	----	29:04	03:52	15.50
837	M	Okerman Egon [-] 1994	Leuven	-	37:08	04:57	12.10
859	M	Okerman Patrick [50 +] 1966	Dworp	----	45:47	06:06	9.80
947	M	Okerman Vince [-] 1998	Sint-jans-	----	38:00	05:04	11.80
670	F	Onraedt Silke [-] 2002	Blankenberge	----	55:03	07:20	8.20
693	F	Op 't Roodt Lieve [60 +] 1963	Burcht	----	53:06	07:04	8.50
642	M	Opsomer Marino [40 +] 1977	Heist-aan-zee	----	40:20	05:22	11.20
257	M	Ostijn Zachery [-] 1990	Knokke	----	58:18	07:46	7.70
660	F	Parmentier Julie [-] 1988	De Pinte	----	43:10	05:45	10.40
580	M	Parys Laurent [40 +] 1983	Knokke	----	49:41	06:37	9.10
854	M	Pata Sedrick [-] 1993	Knokke	----	55:18	07:22	8.10
710	M	Paulusse Jibbe [-] 2007	Heist-aan-zee	----	43:00	05:44	10.50
702	M	Pauwaert Clive [-] 1991	Heist-aan-zee	----	37:04	04:56	12.10
698	F	Peere Yenthe [-] 2006	Dudzele	----	56:32	07:32	8.00
843	M	Pelfrene Cédric [-] 1996	Aalter	Jc Aalter	46:47	06:14	9.60
934	F	Persyn Bénédicte [-] 1990	Dudzele	----	46:37	06:12	9.70
925	M	Philippe Marc [60 +] 1961	Dudzele	Deva	53:14	07:05	8.50
1059	M	Pieters Frank [60 +] 1957	Knokke	----	43:15	05:46	10.40
661	M	Pintelon Jérôme [-] 2008	Heist-aan-zee	----	40:27	05:23	11.10
673	F	Pintelon Valentine [-] 2001	Heist-aan-zee	----	41:34	05:32	10.80
1071	M	Piotrowski Arne [-] 1999	Jabbeke	----	41:36	05:32	10.80
1203	F	Polfiet Aude [] 2018	Eeklo	----	56:19	07:30	8.00
1205	M	Polfiet Timothy [-] 1986	Eeklo	----	56:23	07:31	8.00
1542	M	Povtemon Kurt [50 +] 1973		----	46:18	06:10	9.70
655	M	Proesmans Sidney [-] 1991	's Herenelderen	----	45:53	06:07	9.80
252	F	Puissant Baeyens Alice [-] 2001	Etterbeek	----	49:52	06:38	9.00
677	M	Quintens Luc [60 +] 1958	Damme	----	42:04	05:36	10.70
862	F	Rammeloo Carine [50 +] 1969	Heist-aan-zee	----	52:10	06:57	8.60

994	M	Rammeloo Eddy [50 +] 1971	Heist-aan-zee	Deva	39:46	05:18	11.30
509	F	Ramon Eden [-] 2002	Sint-andries	Tbt	30:53	04:07	14.60
751	M	Rappé Koen [40 +] 1979	Knokke	----	39:38	05:17	11.40
899	M	Rappé Patrick [50 +] 1968	Heist-aan-zee	Deva	47:00	06:16	9.60
1554	M	Ravyse Stijn [50 +] 1972	De Pinte	----	38:25	05:07	11.70
1553	M	Ravyse Sebastien [-] 2011	De Pinte	----	47:24	06:19	9.50
1552	F	Ravyse Pauline [-] 2011	De Pinte	----	47:19	06:18	9.50
886	F	Reubens Mieke [40 +] 1976	Knokke	----	53:59	07:11	8.30
568	M	Roegiers Davy [-] 1994	Heist-aan-zee	----	45:26	06:03	9.90
569	M	Roegiers Brent [-] 2010	Heist-aan-zee	----	31:42	04:13	14.20
215	M	Roelens Bram [-] 1998	Knokke	----	47:48	06:22	9.40
216	M	Roelens Arne [-] 1996	Damme	----	47:55	06:23	9.40
1512	M	Roels Loïc [-] 2013	Heist-aan-zee	----	45:41	06:05	9.90
174	M	Roels Bernard [-] 2000		----	40:57	05:27	11.00
1002	M	Roland Arnold [-] 2009	Kraainem	----	26:55	03:35	16.70
225	M	Roovere Yoeri [-] 1988	Beerzel	----	50:34	06:44	8.90
1545	F	Rosias Louise [-] 1998	Genoelseldereren	----	53:32	07:08	8.40
1539	F	Rosias Marie [-] 1995	Genoelseldereren	Rosias	53:51	07:10	8.40
578	F	Rosseel Stephanie [50 +] 1972	Heist-aan-zee	Figaro	55:21	07:22	8.10
915	F	Royaux Isabelle [40 +] 1985	Knokke	----	57:10	07:37	7.90
1019	F	Royaux Emilie [-] 1988	Knokke	----	57:12	07:37	7.90
654	M	Ryheul Kristof [40 +] 1985	Hertsberge	Ohana	48:07	06:24	9.40
585	F	Sabbe Marie-lou [-] 1993	Heist-aan-zee	----	50:06	06:40	9.00
629	F	Sabbe Sarah [-] 2001	Maldegem	----	33:44	04:29	13.30
646	F	Savels Lise [-] 2014	Heist-aan-zee	----	57:42	07:41	7.80
207	F	Scalici Noemie [-] 2000	Knokke	2night Crew	38:51	05:10	11.60
226	M	Schaepdrijver Lewie [-] 2003	Heist-aan-zee	Westkapelle	30:37	04:04	14.70
697	F	Schelstraete Jade [-] 2003	Dudzele	----	56:33	07:32	8.00
830	M	Scherpereel Hans [60 +] 1965	Knokke	----	51:55	06:55	8.70
831	F	Scherpereel Danske [-] 1994	Knokke	----	51:57	06:55	8.70
614	M	Schollaert Gust [-] 2003	Assebroek	/	30:10	04:01	14.90
826	M	Schotte Mathis [-] 2011	Dudzele	----	36:52	04:54	12.20
1546	M	Schreurs Jerome [-] 1995	Genoelseldereren	Rosias	53:34	07:08	8.40
161	M	Schwebach Paul [40 +] 1977		----	30:30	04:04	14.80
828	M	Scripcaru Vasile Adi [50 +] 1973	Heist-aan-zee	Deva	36:36	04:52	12.30
627	M	Serreyn Glenn [-] 1986	Knokke	----	56:49	07:34	7.90
628	M	Serreyn Julian [-] 2013	Knokke	----	56:45	07:34	7.90
1007	M	Six Kenneth [-] 1990	Nieuwpoort	Brugge	31:14	04:09	14.40
840	M	Slachmuylder Dirk [50 +] 1967	Knokke	----	44:52	05:58	10.00
841	M	Slachmuylder Jonas [-] 1994	Knokke	----	45:53	06:07	9.80
842	F	Slachmuylder Elien [-] 1997	Knokke	----	45:00	06:00	10.00
694	M	Smeets Marc [60 +] 1963	Burcht	----	53:07	07:04	8.50
1004	M	Smet Roland [60 +] 1949	Knokke	----	55:49	07:26	8.10

990	M	Smits Kristof [60 +] 1947		----	54:09	07:13	8.30
1191	M	Sneppe Maxim [-] 2002	Knokke	Fc Collins	56:53	07:35	7.90
542	F	Snoeck Wendy [50 +] 1975	Drongen	Kaagent	33:16	04:26	13.50
1067	M	Snoy Ernest [-] 2007	Schaarbeek	----	28:40	03:49	15.70
913	M	Soenen Louis [-] 2013	Knokke	----	55:14	07:21	8.10
914	M	Soenen Julot [] 2016	Knokke	----	57:07	07:36	7.90
981	M	Soenen Martijn [-] 1992	Hertsberge	----	43:29	05:47	10.30
818	M	Steffen Alexandre [50 +] 1966	Knokke	3tk Knokke-	32:37	04:20	13.80
707	M	Stevens Jules [-] 2013	Astene	----	34:54	04:39	12.90
708	M	Stevens Thomas [40 +] 1982	Astene	----	40:33	05:24	11.10
530	F	Steyaert Greetje [50 +] 1967	Oostakker	Maspoe	54:48	07:18	8.20
1020	F	Stockman Sara [-] 1989	Damme	----	36:55	04:55	12.20
662	F	Stroo Annelies [-] 1992	Brugge	----	57:47	07:42	7.80
663	F	Stroo Magalie [-] 1990	Damme	----	40:30	05:24	11.10
667	F	Stroo Annelore [-] 1992	Middelburg	----	57:47	07:42	7.80
776	M	Strynck Timon [-] 2000	Aarsele	----	41:30	05:32	10.80
664	F	Suenens Steffi [-] 1990	Damme	----	54:28	07:15	8.30
782	F	Susanne Ines [-] 2003		----	54:44	07:17	8.20
1216	M	Taegai Yemane [40 +] 1982	Knokke	----	25:55	03:27	17.40
941	F	Tant Foen [-] 2002	Dudzele	----	48:49	06:30	9.20
543	M	Teunkens Karel [60 +] 1958	Knokke	----	42:09	05:37	10.70
906	M	Thierie Luc [60 +] 1964	Knokke	Deva	42:33	05:40	10.60
923	M	Thijs Jurgen [50 +] 1971	Bommershoven	----	35:57	04:47	12.50
924	F	Thijs Hanne [-] 2005	Bommershoven	----	35:30	04:44	12.70
903	M	Thouet Jonas [-] 2000	Brugge	----	54:36	07:16	8.20
1217	M	Timmerman Maxim [-] 2001	Knokke	----	42:27	05:39	10.60
260	M	Tondeur Stefan [-] 1986	Ekeren	----	53:08	07:05	8.50
171	M	Tondeur Matthias [-] 1989		----	43:37	05:48	10.30
824	F	Trenson Bieke [-] 1988	Knokke	3tk Knokke-	34:45	04:38	12.90
1073	M	Uyttendaele Christophe [40 +] 1979	Knokke	----	35:25	04:43	12.70
1074	M	Uyttendaele Lou [-] 2010	Knokke	----	34:11	04:33	13.20
835	M	Valcke Miguel [50 +] 1969	Knokke	----	31:21	04:10	14.40
836	M	Valcke Gaëtan [-] 2003	Knokke	----	25:58	03:27	17.30
1035	F	Van Aperen Kaat [-] 1998	Brecht	----	53:10	07:05	8.50
980	M	Van Belleghem Kobe [-] 2005	Lichtervelde	----	42:00	05:36	10.70
1267	F	Van Biervliet Kiana [-] 1997	Heist-aan-zee	----	41:59	05:35	10.70
1269	F	Van Biervliet Dominique [50 +] 1968	Heist-aan-zee	----	41:52	05:34	10.70
378	F	Van Bogaert Jente [-] 2002	Elversele	----	49:54	06:39	9.00
968	M	Van Brabant Tiboud [-] 2002	Sint-andries	----	47:31	06:20	9.50
1185	F	Van Breedam Sofie [50 +] 1974	Heist-aan-zee	----	46:51	06:14	9.60
790	F	Van Canneyt Selina [-] 2001	Damme	Kasteel Van	43:02	05:44	10.50
936	F	Van Cleemput Eline [40 +] 1984	Gontrode	----	46:40	06:13	9.60
674	F	Van De Kerckhove Kristel [50 +] 1973	Heist-aan-zee	----	50:32	06:44	8.90

209	F	Van De Sande Marie-lou [-] 2000	Knokke	2night Crew	38:52	05:10	11.60
813	M	Van De Veire Quinn [] 2016	Blankenberge	3tk Knokke-	34:38	04:37	13.00
510	M	Van De Velde Ruben [-] 1992	Ertvelde	Rtkh - Dtc	43:27	05:47	10.40
175	F	Van De Wal Annick [40 +] 1981		----	47:08	06:17	9.50
982	M	Van Den Abbeele Michael [40 +] 1982	Iddergem	----	44:28	05:55	10.10
983	M	Van Den Abbeele Achille [-] 2013	Iddergem	----	44:30	05:56	10.10
975	F	Van Den Abeele Sofie [40 +] 1983	Maldegem	----	41:17	05:30	10.90
788		Van Den Broeck Alice [] 2014	Damme	Kasteel Van	41:42	05:33	10.80
789		Van Den Broeck Achille [] 2015	Damme	Kasteel Van	41:39	05:33	10.80
690	F	Van Den Dorpe Isabel [-] 1990	Knokke	----	55:17	07:22	8.10
255	F	Van Den Eynde Lina [-] 1994		----	49:58	06:39	9.00
1051	M	Van Den Heuvel Kristof [50 +] 1975	Dudzele	----	41:48	05:34	10.80
1320	F	Van Der Sypt Eva [-] 1987		----	46:02	06:08	9.80
680	F	Van Driessche Annelies [40 +] 1983	Eeklo	----	56:43	07:33	7.90
244	F	Van Eeckhout Céline [-] 1996	Gent	----	34:49	04:38	12.90
932	M	Van Essche Mathis [-] 2005	Bonheiden	----	35:13	04:41	12.80
1224	M	Van Geeteruyen David [-] 1987	Knokke	----	38:19	05:06	11.70
1197	F	Van Ginderachter Pommeliers [-] 2008	Mechelen	----	39:10	05:13	11.50
1198	M	Van Ginderachter Dirk [40 +] 1983	Mechelen	----	43:56	05:51	10.20
873	M	Van Gyes Bert [40 +] 1979	Broechem	----	58:53	07:51	7.60
874	M	Van Gyes Andreas [-] 2008		----	58:54	07:51	7.60
558	F	Van Heester Eline [-] 1996	Hove	----	50:04	06:40	9.00
529	M	Van Heule Paul [50 +] 1967	Oostakker	----	48:17	06:26	9.30
759	F	Van Huffel Sophie [-] 1999	Heist-aan-zee	----	50:37	06:44	8.90
1046	M	Van Kerschaver Alexander [-] 2004	Gent	----	32:17	04:18	13.90
1053	M	Van Kerschaver Olivier [50 +] 1973	Gent	----	35:53	04:47	12.50
1555	F	Van Kruyssen Natalie [50 +] 1972	Knokke	----	52:40	07:01	8.50
802	M	Van Laecke Brent [-] 2006	Damme	Kasteel Van	36:53	04:55	12.20
834	M	Van Laeken Vito [-] 1987	Knokke	----	45:43	06:05	9.80
513	F	Van Laere Jolien [-] 1999	Beveren-waas	----	42:31	05:40	10.60
682	M	Van Landschoot Leslie [-] 1986	Knokke	----	42:49	05:42	10.50
228	M	Van Landuyt Thibaud [-] 2003	Knokke	----	41:04	05:28	11.00
827	F	Van Lersberghe Caroline [-] 1986	Dudzele	----	47:18	06:18	9.50
885	M	Van Meel Tom David [40 +] 1977	Berchem	----	32:59	04:23	13.60
749	F	Van Mol Elke [40 +] 1980	Knokke	----	36:40	04:53	12.30
1058	M	Van Mol Bo [-] 2009	Kemzeke	----	35:56	04:47	12.50
616	F	Van Nieuwenhuysse Tessa [-] 1999	Heist-aan-zee	----	44:44	05:57	10.10
622	M	Van Nieuwenhuysse Brecht [-] 1997	Heist-aan-zee	----	44:45	05:58	10.10
764	F	Van Nieuwenhuysse Lauranne [-] 2007	Knokke	----	45:04	06:00	10.00
251	F	Van Passen Chiara [-] 1997	Champlon	----	42:05	05:36	10.70
536	F	Van Poucke Beau [-] 1997	Knokke	/	51:12	06:49	8.80
1003	F	Van Renterghem Regine [60 +] 1958	Knokke	----	55:47	07:26	8.10
212	M	Van Reybroeck Kobe [-] 2014	Heist-aan-zee	----	49:47	06:38	9.00

199	M	Van Roey Jarno [-] 2000	Knokke	2night Crew	41:44	05:33	10.80
858	M	Van Ryckeghem Niels [-] 1989		8000	25:49	03:26	17.40
241	M	Van Schevensteen Lukas [-] 2000	Berlaar	----	57:04	07:36	7.90
243	M	Van Schevensteen Jan [-] 1995	Berlaar	----	57:03	07:36	7.90
561	M	Van Speybroeck Leon [-] 2014	Heist-aan-zee	----	40:29	05:23	11.10
1054	M	Van Staay Jan [50 +] 1966	Heist-aan-zee	----	47:40	06:21	9.40
1055	M	Van Staay Vincent [-] 2002	Heist-aan-zee	----	56:46	07:34	7.90
705	M	Van Tilt Bert [50 +] 1967	Knokke	----	42:45	05:42	10.50
753	M	Van Well Stijn [-] 2001		----	41:07	05:28	10.90
678	F	Van. Geysseghem Anouk [-] 1991	Heist-aan-zee	----	43:00	05:44	10.50
875	M	Vanbelle Thibo [-] 1998	Ettelgem	----	33:09	04:25	13.60
851	M	Vanbiervliet Olivier [40 +] 1979	Knokke	----	41:21	05:30	10.90
648	M	Vancouillie Thibeau [-] 1992	Knokke	----	42:22	05:38	10.60
589	M	Vandamme Kenny [-] 1987	Heist-aan-zee	----	41:55	05:35	10.70
731	M	Vandamme Philip [40 +] 1981	Knokke	----	45:45	06:06	9.80
1280	F	Vandamme Justine [-] 2001	Knokke	----	56:50	07:34	7.90
797	M	Vande Cavey Axel [-] 2003	Damme	Kasteel Van	26:37	03:32	16.90
888	F	Vande Keere Lieze [-] 1994	Sint-andries	----	40:44	05:25	11.00
521	M	Vandecasteele Maarten [-] 2006	Heist-aan-zee	Rtkh	48:55	06:31	9.20
522	F	Vandecasteele Tessa [-] 2004	Heist-aan-zee	Rtkh	44:52	05:58	10.00
577	M	Vandekerkhove Roeland [50 +] 1971	Heist-aan-zee	----	55:21	07:22	8.10
177	M	Vandekeybus Gert [50 +] 1969		----	33:29	04:27	13.40
844	M	Vanden Broecke Niels [-] 2000	Knesselare	Triatlon	27:38	03:41	16.30
964	F	Vandenberghes Charlotte [40 +] 1985	Knokke	----	52:02	06:56	8.60
1549	F	Vandendriessche Hélène [-] 1994	Blankenberge	----	53:35	07:08	8.40
547	F	Vanderbeke Els [40 +] 1977		----	50:46	06:46	8.90
584	M	Vanderbeken Brent [-] 1998	Aarsele	----	33:33	04:28	13.40
163	F	Vandergucht Stefan [50 +] 1968		----	57:49	07:42	7.80
733	M	Vanderhust Daniel [40 +] 1980	Knokke	----	43:13	05:45	10.40
806	M	Vanderostyne Kyran [-] 2007	Damme	Kasteel Van	35:59	04:47	12.50
746	F	Vanderstraeten Kim [40 +] 1985	Balegem	----	44:59	05:59	10.00
1042	M	Vandertaelen Vic [-] 2014	Heist-aan-zee	----	39:52	05:18	11.30
210	M	Vandesompel Junior [-] 2000	Knokke	2night Crew	42:11	05:37	10.70
1548	F	Vandeven Ellen [-] 1988	Hansbeke	----	34:10	04:33	13.20
211	F	Vandewalle Manon [-] 2000	Knokke	2night Crew	39:55	05:19	11.30
937	M	Vandeweghe Kim [40 +] 1982	Gontrode	----	32:02	04:16	14.00
938	M	Vandeweghe Viktor [-] 2011	Gontrode	----	33:57	04:31	13.30
939	F	Vandeweghe Olivia [-] 2015	Gontrode	----	39:49	05:18	11.30
1063	M	Vandycke Lucas [-] 2005	Knokke	Vandycke	55:15	07:22	8.10
691	F	Vangeyte Cathy [50 +] 1973	Eeklo	----	47:04	06:16	9.60
847	M	Vanhassel Michael [-] 2008	Heist-aan-zee	----	34:39	04:37	13.00
528	M	Vanhonsebrouck Maarten [-] 1995	Maldegem	----	56:30	07:32	8.00
758	M	Vanhoutte Aren [40 +] 1979	Heist-aan-zee	----	40:26	05:23	11.10

1516	M	Vanhullebus Baptiste [-] 2012	Knokke	----	49:11	06:33	9.10
1515	F	Vanhullebus Renee [-] 2009	Knokke	----	50:09	06:41	9.00
652	F	Vanlerberghe Chloë [-] 1999	Dudzele	----	54:53	07:19	8.20
645	M	Vanmassenhove Guido [60 +] 1960	Houtave	----	46:55	06:15	9.60
922	F	Vannoote-lanckriet Evelyne [50 +] 1971	Heist-aan-zee	----	65:39	08:45	6.90
1221	M	Vanslebrouck Bjorn [-] 1987	Knokke	----	55:16	07:22	8.10
815	F	Vantomme Abigail [-] 2013	Knokke	3tk Knokke-	38:38	05:09	11.60
636	F	Vantorre Luna [-] 2006	Dudzele	----	44:36	05:56	10.10
857	M	Vanuytrecht Hans [40 +] 1980	Knokke	----	37:01	04:56	12.20
1199	F	Vanwalleghem Loesje [40 +] 1982	Mechelen	----	40:51	05:26	11.00
1068	M	Ven Thomas [-] 1987	Mol	----	39:41	05:17	11.30
891	F	Venneman Manon [-] 2002	Knokke	/	54:04	07:12	8.30
560	M	Vercammen Mathias [-] 1992	Loppem	----	38:23	05:07	11.70
1319	M	Vercammen Aaron [-] 2015		----	46:03	06:08	9.80
166	F	Verhaegen Erin [-] 1999		----	45:16	06:02	9.90
700	M	Verhaehghe Dieter [-] 1996	Sint-martens-	----	46:54	06:15	9.60
1196	F	Verhelst Catherine [50 +] 1972	Knokke	Passe Vite	52:42	07:01	8.50
944	F	Verheyden Valérie [50 +] 1966	Heist-aan-zee	----	52:53	07:03	8.50
860	M	Vermaerke Patrick [50 +] 1967	Knokke	----	30:07	04:00	14.90
647	M	Vermeersch Joerie [-] 2000	Heist-aan-zee	----	42:25	05:39	10.60
649	M	Vermeersch Jeroen [-] 1993	Knokke	----	42:24	05:39	10.60
1270	F	Vermeersch Caroline [-] 1988	Antwerpen	----	41:50	05:34	10.80
180	F	Vermeersch Alena [-] 2010		----	34:57	04:39	12.90
179	M	Vermeersch Peter [50 +] 1974		----	33:41	04:29	13.40
178	M	Vermeersch Viktor [-] 2008		----	31:31	04:12	14.30
799	M	Verplancke Arno [-] 2002	Damme	Kasteel Van	37:53	05:03	11.90
739	F	Verpoorter Betty [50 +] 1966	Dudzele	----	48:53	06:31	9.20
1220	M	Versee Younes [-] 2001	Knokke	Nvt	31:25	04:11	14.30
884	F	Verstraeten Marie [-] 1995	Gent	----	40:46	05:26	11.00
188	F	Verstrynghe Evy [40 +] 1984		----	40:59	05:27	11.00
665	M	Versyck Jens [-] 1989	Damme	----	43:51	05:50	10.30
713	M	Vertongen Jeroen [40 +] 1981	Wolvertem	----	31:44	04:13	14.20
566	F	Verwimp Jennifer [-] 1995	Dudzele	----	61:52	08:14	7.30
714	M	Vetongen Jérôme [-] 2012	Wolvertem	----	38:11	05:05	11.80
675	M	Vlaeminck Cedric [-] 2005	Hertsberge	----	28:44	03:49	15.70
778	M	Vliegen Paul [40 +] 1977		Portishead	32:40	04:21	13.80
549	F	Wachters Barbara [50 +] 1973	Heist-aan-zee	----	55:20	07:22	8.10
855	M	Waeghe Jasper [-] 1989		----	33:39	04:29	13.40
1061	M	Walleynt Quentin [-] 1993	Knokke	----	49:45	06:38	9.00
525	F	Warnier Delphine [-] 1992	Knokke	----	47:12	06:17	9.50
253	M	Waucquez Victor [-] 1999	Overijse	----	49:52	06:38	9.00
1176	M	Wenmaekers Nick [-] 1991	Knokke	----	41:13	05:29	10.90
519	F	Willems Liese [-] 1996	Heist-aan-zee	----	54:52	07:18	8.20

591	M	Willems Thibault [-] 2001	Knokke	----	25:12	03:21	17.90
887	M	Willems Peter [50 +] 1975	Knokke	----	42:15	05:38	10.70
890	M	Willems Jarne [-] 2005	Knokke	/	41:16	05:30	10.90
883	M	Wuyts Maarten [-] 1993	Gent	----	40:26	05:23	11.10
200	M	Wybouw Henri [-] 2000	Knokke	2night Crew	48:37	06:28	9.30

RESULTS :

TUSSEN TWEE FEESTENLOOP

3900 m

KNOKKE

27/12/2025

rank	bib	gender	name [catg / year]			time	time / km	km/h
431	F	Ackaert Laura [-] 2006	Heist-aan-zee	----		23:43	06:04	9.90
485	M	Ackaert Thibaut [-] 2003	Heist-aan-zee	----		21:47	05:35	10.70
483	F	Ackerman Lazlo [-] 1989	Knokke	Ju Jitsu Kuo		27:35	07:04	8.50
121	F	Adams Eleonor [-] 2007	Duisburg	----		30:21	07:46	7.70
448	F	Akar Ella [] 2016	Assebroek	----		28:50	07:23	8.10
449	M	Akar Necati [40 +] 1977	Assebroek	----		28:52	07:24	8.10
409	F	Baekelandt Julia [] 2016	Heist-aan-zee	3tk Knokke-		17:17	04:25	13.50
1506	M	Beusaert Jules [-] 2008	Heist-aan-zee	Bc Digiresto		43:21	11:06	5.40
1168	M	Benoot Warre [-] 2005	Loppem	----		20:12	05:10	11.60
502	F	Blondeel Lobke [-] 1987		----		33:02	08:28	7.10
357	M	Bodarwe Raphael [-] 1991	Butgenbach	----		24:26	06:15	9.60
1166	F	Boeye Alexia [-] 2010	Lint	----		26:59	06:55	8.70
468	M	Bourgois Tony [-] 1990	Waterland-	Joggingclub		22:55	05:52	10.20
427	F	Bouter Vroon [-] 2004		----		26:53	06:53	8.70
428	F	Bouter Pleun [-] 2005		----		26:51	06:53	8.70
348	M	Bovyn Stefaan [50 +] 1972	Bissegem	Ab Marke En		17:40	04:31	13.20
473	F	Boyer Rosalie [40 +] 1985		----		25:04	06:25	9.30
1161	M	Boyer Louis [-] 2010		----		23:30	06:01	10.00
1162	F	Boyer Suzy [-] 2012		----		30:16	07:45	7.70
333	M	Brokx Martin [60 +] 1964		----		23:06	05:55	10.10
418	M	Broothaerts Josse [60 +] 1955	Kapelle-op-den-	Team		17:47	04:33	13.20
439	M	Bruggeman Jona [-] 2014	Astene	Ac Deinze		27:08	06:57	8.60
500	F	Brusselle Flo [-] 2014		----		29:50	07:38	7.80
501	F	Brusselle Nouk [] 2018		----		32:30	08:20	7.20
102	F	Brusselle Fran [-] 2012		----		32:42	08:23	7.20
1142	F	Brylle Gaelle [-] 1992	Knokke	----		33:12	08:30	7.00
576	M	Bullynck Nick [60 +] 1964	Knokke	3tk		21:42	05:33	10.80
1146	M	Claeys Alexander [-] 2015		----		23:38	06:03	9.90
125	F	Coffyn Julie [40 +] 1977	De Pinte	----		32:24	08:18	7.20
111	M	Colpaert Matiz [-] 2013		----		34:12	08:46	6.80
361	F	Coppens Leentje [40 +] 1978	Heist-aan-zee	----		32:27	08:19	7.20
475	M	Cosaert Marcus [-] 2015	Knokke	----		23:39	06:03	9.90
388	M	D'andrea Nico [50 +] 1966	Knokke	Kleine		30:47	07:53	7.60
389	F	D'andrea Alessia [-] 1999	Knokke	Kleine		30:42	07:52	7.60
454	F	Davidts Lieve [60 +] 1964	Heverlee	----		30:00	07:41	7.80
115	M	De Brabandere Bert [50 +] 1975		----		27:05	06:56	8.60
372	F	De Bree Cynthia [50 +] 1975	Knokke	----		28:38	07:20	8.20
393	F	De Busscher Haylie [-] 2010	Knokke	Kleine		30:40	07:51	7.60
1150	F	De Clerck Sigrid [50 +] 1973	Tremelo	----		29:24	07:32	8.00

417	M	De Cnijf Sofie [50 +] 1972	Knokke	----	32:55	08:26	7.10
496	F	De Croock Manon [-] 2008	Heist-aan-zee	Gym	30:28	07:48	7.70
412	M	De Fyn Arnaud [-] 2015	Knokke	3tk Knokke-	19:09	04:54	12.20
452	F	De Gheldere Charlotte [-] 1996	Loppem	----	22:37	05:47	10.30
497	F	De Jonge Sophie [-] 1989	Leefdaal	----	25:26	06:31	9.20
498	M	De Jonge Alexander [-] 1986	Overijse	----	25:28	06:31	9.20
443	F	De Ketelaere Anneloor [40 +] 1979	Heist-aan-zee	Deva Mt	24:14	06:12	9.70
386	F	De Moor Finn [] 2017	Balegem	----	24:19	06:14	9.60
462	M	De Muyt Jonas [-] 1996	Brugge	----	28:48	07:23	8.10
1504	M	De Nolf Jack [-] 2009	Knokke	----	21:19	05:27	11.00
360	F	De Plancke Sofie [-] 2000	Heist-aan-zee	----	31:46	08:08	7.40
1160	F	De Schuyter Laïs [-] 2015	Heist-aan-zee	----	24:23	06:15	9.60
463	F	De Smet Juline [-] 2010	Maldegem	----	25:45	06:36	9.10
440	F	De Voogt Nel [-] 2014	Knokke	----	29:49	07:38	7.80
441	F	De Voogt Fran [] 2016	Knokke	----	29:40	07:36	7.90
359	F	De Wyngaert Tine [-] 1997	Blankenberge	8370	49:59	12:48	4.70
127	M	De Zutter Guust [-] 2014	Hansbeke	----	45:31	11:40	5.10
394	M	De Zweermer Storm [-] 2014	Knokke	Kleine	23:13	05:57	10.10
118	F	Debrabandere Floor [-] 2014		----	24:28	06:16	9.60
377	M	Debruyne Kris [60 +] 1964	Bovekerke	----	26:49	06:52	8.70
400	M	Decerf Nico [40 +] 1976	Bierbeek	----	25:35	06:33	9.10
339	M	Decoutere Mike [40 +] 1985	Bissegem	Abmarke	16:38	04:15	14.10
340	M	Decoutere Mathis [-] 2010	Bissegem	Abmarke	25:43	06:35	9.10
450	F	Deleu Valesca [40 +] 1981	Assebroek	----	28:55	07:24	8.10
426	F	Demeulenaere Steffie [-] 1993	Knokke	----	33:00	08:27	7.10
467	M	Desaever Alexander [60 +] 1948		----	33:04	08:28	7.10
1182	M	Detavernier Bernard [40 +] 1977		----	20:06	05:09	11.60
482	M	Devinck Mitch [-] 1991	Heist-aan-zee	----	29:42	07:36	7.90
390	M	Devlieger Sander [-] 1993	Knokke	Kleine	33:19	08:32	7.00
481	F	Devlieger Kirsten [-] 1997	Heist-aan-zee	----	29:45	07:37	7.90
123	F	Dierckx Aurore [-] 2002	Sint-pieters-	----	21:20	05:28	11.00
335	M	Draelants Jesse [] 2017	Eliksem	----	29:21	07:31	8.00
446	M	Du Mongh Johan [50 +] 1970	Knokke	Du Mongh	26:20	06:45	8.90
433	F	Fascella Laetitia [40 +] 1979	Knokke	Ih Invest	29:30	07:33	7.90
434	F	Fascella Ilena [-] 2001	Knokke	Ih Invest	29:27	07:33	7.90
382	F	Geens Babette [-] 1997	Antwerpen	Du Mongh	27:01	06:55	8.70
1148	M	Gheselle Joey [] 2019	Heist-aan-zee	----	27:42	07:06	8.40
493	F	Gobert Manon [-] 2012	Damme	Olympic	20:45	05:19	11.30
461	F	Gregoire Axelle [-] 2001	Knokke	----	28:48	07:23	8.10
385	M	Hessels Maurice [] 2016	Elversele	----	20:09	05:10	11.60
499	M	Heyman Karel [-] 1991	Damme	Kine	12:50	03:17	18.20
1152	M	Hillewaert Bruce [-] 1986	Heist-aan-zee	----	24:54	06:23	9.40
1153	F	Hillewaert Olivia [-] 2015	Heist-aan-zee	----	24:56	06:23	9.40

438	F	Hoozee Sophie [40 +] 1985	Deurle	----	27:13	06:58	8.60
1169	M	Ide Aïko [-] 2004	Heist-aan-zee	----	20:12	05:10	11.60
1235	F	Jacobs Maud [-] 2001		----	22:58	05:53	10.20
447	F	Janssens Lyn [-] 1993	Knokke	Du Mongh	26:31	06:47	8.80
432	F	Jeuris Lisa [-] 1995	Assebroek	----	29:17	07:30	8.00
1156	M	Kaesemans Siemen [-] 2001	Gent	----	16:21	04:11	14.30
491	F	Keerman Charlotte [40 +] 1983	Damme	----	25:16	06:28	9.30
1564	F	Lannoise Josephine [-] 1998		----	30:18	07:46	7.70
480	M	Lauwerys Wim [40 +] 1978		----	22:28	05:45	10.40
351	M	Lecluyse Brecht [-] 1989	Heist-aan-zee	----	23:55	06:07	9.80
352	M	Lecluyse Fons [] 2017	Heist-aan-zee	----	23:53	06:07	9.80
122	F	Lemaire Solène [-] 2002	Sint-pieters-	----	21:16	05:27	11.00
456	M	Lezy Ernest [] 2018	Dudzele	----	22:49	05:51	10.30
457	M	Lezy César [] 2017	Dudzele	----	19:21	04:57	12.10
508	M	Lievens Thibault [-] 2008	Berchem	----	20:16	05:11	11.50
474	F	Litvine Lara [-] 1990	Elsene	----	25:04	06:25	9.30
349	F	Maene Colette [] 2017	Heist-aan-zee	----	27:50	07:08	8.40
350	M	Maertens Mike [-] 1986	Damme	----	51:24	13:10	4.60
371	F	Maertens Laura [-] 2002	De Haan	----	34:22	08:48	6.80
453	M	Maes Glenn [-] 1994	Loppem	----	22:37	05:47	10.30
1159	F	Mareydt Kim [-] 1986	Heist-aan-zee	----	24:29	06:16	9.60
392	F	Michilsen Hailey [-] 2014	Knokke	Kleine	30:39	07:51	7.60
365	F	Mus Amalia [-] 2006	Blankenberge	----	29:26	07:32	8.00
366	F	Mus Mila [-] 2008	Blankenberge	----	29:25	07:32	8.00
119		Naam Niet Gekend []		----	23:20	05:58	10.00
507	F	Neiryndck Amélie [40 +] 1981	Knokke	----	28:02	07:11	8.30
1143	M	Neyts Jeffrey [-] 1990	Knokke	----	33:26	08:34	7.00
370	F	Osaer Lisa [-] 2002	Heist-aan-zee	----	34:19	08:47	6.80
397	F	Ots Erna [60 +] 1953	Heist-aan-zee	Jogclub	26:41	06:50	8.80
1508	F	Parein Lara [-] 1993	Knokke	----	28:35	07:19	8.20
490	F	Paridaen Nienke [-] 2005	Damme	----	25:17	06:28	9.30
341	M	Parys Henri [-] 2015	Knokke	----	26:55	06:54	8.70
466	M	Pasque Fabrice [40 +] 1976	Couillet	Craft	13:13	03:23	17.70
430	F	Pauwaert Lotte [-] 2006	Heist-aan-zee	----	23:41	06:04	9.90
383	M	Peeters Matthias [-] 1991	Antwerpen	Du Mongh	27:00	06:55	8.70
455	M	Philippe Moriau [60 +] 1963	Knokke	----	30:02	07:42	7.80
416	M	Pieters Thibo [-] 2011	Knokke	----	27:52	07:08	8.40
1134	M	Pottie Thibault [] 2016	Dudzele	Olympic	17:37	04:31	13.30
1135	M	Pottie Matthias [-] 1987	Dudzele	----	18:25	04:43	12.70
414	M	Pourbaix Lars [] 2016	Dudzele	----	20:58	05:22	11.20
1503	F	Raemdonck Julie [-] 1995	Beveren-waas	----	28:12	07:13	8.30
469	F	Raes Astrid [-] 2012	Mechelen	Sp&o	18:05	04:38	12.90
470	M	Raes Louis [40 +] 1984	Mechelen	----	18:06	04:38	12.90

336	F	Remmerie Marie [40 +] 1979	Heist-aan-zee	----	27:21	07:00	8.60
471	M	Reubens David [-] 1991	Knokke	Ju-jitsu Kuo-	27:34	07:04	8.50
479	F	Rycken Caroline [-] 1987		----	25:31	06:32	9.20
1151	M	Saelens Nicolas [40 +] 1981	Knokke	----	16:01	04:06	14.60
435	F	Salvé Arianne [40 +] 1983	Retinne	----	24:58	06:24	9.40
489	M	Savels Kenneth [-] 1986	Heist-aan-zee	----	57:53	14:50	4.00
374	M	Schaepdrijver Willy [60 +] 1945	Knokke	----	26:13	06:43	8.90
126	M	Schaepdrijver Dominique [50 +] 1973	Heist-aan-zee	----	25:39	06:34	9.10
1157	M	Schoonacker Nodin [-] 2011		----	17:50	04:34	13.10
413	M	Schotte Victor [] 2016	Dudzele	----	20:58	05:22	11.20
504	M	Sierens Leander [-] 1993	Heist-aan-zee	----	57:54	14:50	4.00
1505	M	Smet Sébastien [-] 2009	Knokke	----	21:43	05:34	10.80
104	F	Snauwaert Pascale [50 +] 1966		----	32:45	08:23	7.10
422	F	Snyders Inge [40 +] 1978	Edegem	Abes	24:22	06:14	9.60
486	F	Steegen Julie [-] 2005	Beverst	----	20:53	05:21	11.20
1041	M	Steegen Michiel [-] 2001	Beverst	Los Torros	18:09	04:39	12.90
391	M	Steurbaut Wyatt [-] 2007	Knokke	Kleine	33:22	08:33	7.00
408	F	Stroo Jill [-] 1987	Damme	Kasteel Van	51:24	13:10	4.60
402	M	Swimberghe Tim [-] 1987	Houtave	----	27:30	07:03	8.50
403	F	Swimberghe Lotte [-] 2009	Houtave	----	27:27	07:02	8.50
404	F	Swimberghe Elle [-] 2015	Houtave	----	27:29	07:02	8.50
484	M	Sys Emile [] 2016	Knokke	Ju Jitsu Kuo	25:18	06:29	9.20
436	F	Tanghe Delphine [-] 2001	Blankenberge	----	24:00	06:09	9.70
345	M	Tellier Nicola [50 +] 1968	Monstreux	----	25:19	06:29	9.20
346	F	Tellier Nina [-] 2005	Monstreux	----	23:01	05:54	10.20
630	F	Tellier Emma [-] 2001	Monstreux	----	19:51	05:05	11.80
503	F	Thys Caroline [-] 1989	Brasschaat	----	21:22	05:28	11.00
356	M	Tillier Arthur [-] 2009		----	19:14	04:55	12.20
120	F	Toortelboom Chloë [-] 2001	Sint-andries	----	30:49	07:54	7.60
337	M	Tournet Gaston [-] 2014	Heist-aan-zee	----	21:38	05:32	10.80
338	M	Tournet Xavier [50 +] 1972	Heist-aan-zee	----	27:20	07:00	8.60
506	F	Uyttendaele Noélie [-] 2013	Knokke	3tk	17:13	04:24	13.60
398	F	Van Damme Stien [-] 2008	Daknam	/	27:40	07:05	8.50
399	F	Van Damme Fran [-] 2010	Daknam	/	27:37	07:04	8.50
362	M	Van De Veire Jelle [-] 1986	Blankenberge	----	25:29	06:32	9.20
411	M	Van De Veire Collin [] 2018	Blankenberge	3tk Knokke-	25:01	06:24	9.40
355	M	Van De Walle Lennert [-] 2012	Machelen	----	21:13	05:26	11.00
464	F	Van Den Abeele June [-] 2010	Maldegem	----	25:46	06:36	9.10
124	M	Van Den Eynde Lex [-] 2005	Beveren-waas	----	36:30	09:21	6.40
495	F	Van Den Heuvel Josephine [-] 2008	Dudzele	----	30:36	07:50	7.60
1507	M	Van Der Hoofd Raf [-] 2008	Heist-aan-zee	Bc Digiresto	23:23	05:59	10.00
1158	M	Van Doninck Laurens [-] 2012	Rijkevorsel	Team	18:46	04:48	12.50
110	M	Van Eekhout Dany [60 +] 1957		----	31:40	08:07	7.40

401	F	Van Elslande Lore [-] 1989	Houtave	----	29:06	07:27	8.00
405	F	Van Elslande Saar [-] 1993	Loppem	----	29:05	07:27	8.00
328	F	Van Eynde Marjolein [40 +] 1980	Beveren-waas	Familie	26:44	06:51	8.80
1165	F	Van Ginderachter Rosalie [-] 2012		----	21:24	05:29	10.90
375	F	Van Hoeck Sophie [50 +] 1971	's Gravenwezel	----	27:16	06:59	8.60
326	F	Van Laere Shana [-] 1993	Beveren-waas	----	33:49	08:40	6.90
327	M	Van Laere Raf [50 +] 1969	Beveren-waas	----	32:32	08:20	7.20
329	F	Van Laere Ella [-] 2008	Beveren-waas	Familie	26:42	06:50	8.80
330	M	Van Laere Tom [40 +] 1980	Beveren-waas	Familie	19:37	05:01	11.90
331	M	Van Laere Walt [-] 2010	Beveren-waas	Familie	20:31	05:15	11.40
406	M	Van Loo Jari [-] 1995	Loppem	----	29:15	07:30	8.00
108	F	Van Molecot Maxine [-] 1997		----	31:28	08:04	7.40
476	F	Van Quathem Linda [60 +] 1960	Knokke	----	28:00	07:10	8.40
407	F	Vande Cavay Mieke [40 +] 1982	Damme	Kasteel Van	53:00	13:35	4.40
477	F	Vandermoere Caroline [60 +] 1961	Knokke	----	28:01	07:11	8.40
487	M	Vandertaelen Andy [-] 1988	Heist-aan-zee	----	26:35	06:48	8.80
488	F	Vandertaelen Louise [] 2017	Heist-aan-zee	----	26:33	06:48	8.80
1147	F	Vandevelde Marie [-] 2009	Damme	/	27:02	06:55	8.70
437	F	Vanhauwaert Julie [-] 2001	Blankenberge	----	24:01	06:09	9.70
367	F	Vanmarcke Eline [-] 2001	Knokke	----	26:23	06:45	8.90
472	F	Vanooteghem Zytha [-] 2003	Knokke	Geen	30:14	07:45	7.70
421	F	Vanparys Marijke [40 +] 1985	Heist-aan-zee	Ac Sodibrug	22:46	05:50	10.30
1163	M	Velge Constantin [-] 1988	Sint-lambrechts-	----	24:50	06:22	9.40
347	F	Verbauwhede Axelle [] 2017	Knokke	----	24:25	06:15	9.60
442	M	Verbiest Karel [40 +] 1979	Heist-aan-zee	Deva Mt	23:33	06:02	9.90
444	F	Verbiest Olivia [-] 2009	Heist-aan-zee	Deva Mt	24:11	06:12	9.70
445	M	Verbiest Felix [] 2017	Heist-aan-zee	Deva Mt	23:36	06:03	9.90
429	M	Verbrugge Berend [-] 2003		----	26:49	06:52	8.70
459	F	Vercammen Emilie [-] 2008		----	24:36	06:18	9.50
460	M	Vercammen Maxim [-] 2010		----	24:17	06:13	9.60
376	M	Verdonck Julien [-] 2009	's Gravenwezel	----	20:17	05:12	11.50
387	F	Verdonck Lesley [40 +] 1981	Berchem	----	26:08	06:42	9.00
1266	M	Vermaerke Emile [-] 2001	Knokke	Rkfc	23:09	05:56	10.10
363	F	Vermeersch Jana [-] 1995	Knokke	----	28:33	07:19	8.20
1218	M	Verstraete Dries [40 +] 1984	Jabbeke	Road	23:37	06:03	9.90
1219	M	Verstraete Bob [-] 2015	Jabbeke	Av Jabbeke	23:34	06:02	9.90
334	F	Viaene Anne [-] 1986	Eliksem	----	29:21	07:31	8.00
415	M	Vilain Roger [60 +] 1944	Knokke	----	29:37	07:35	7.90
395	F	Vlietinck Eline [-] 1992	Knokke	----	29:48	07:38	7.90
423	M	Waeghe Jolle [] 2016	Knokke	----	32:39	08:22	7.20
424	M	Waeghe Korneel [-] 1991	Knokke	----	32:58	08:27	7.10
425	F	Waeghe Marre [] 2016	Knokke	----	30:53	07:55	7.60
1149	F	Watteeuw Lien [40 +] 1984	Heist-aan-zee	----	27:44	07:06	8.40

RESULTS :

TUSSEN TWEE FEESTENLOOP

1100 m

KNOKKE

27/12/2025

rank	bib	gender	name [catg / year]			time	time / km	km/h
160		F	Bosoni Lana [-] 2014		----	06:26	05:50	10.30
301		M	Bovyn Milo [-] 2014	Bissegem	Ab Marke	04:36	04:10	14.30
307		M	Brusselle Kasper [-] 2013	Astene	Ac Deinze	04:07	03:44	16.00
167		F	De Vogelaere Lucile [] 2020		----	07:42	07:00	8.60
317		M	Deconinck Jackx [] 2018	Knokke	3tk Knokke-	05:57	05:24	11.10
318		M	Fierens Emiel [-] 2013		----	05:21	04:51	12.30
320		F	Frennet Shirin [-] 2014	Harelbeke	Flac Izegem	04:08	03:45	16.00
1138		M	Gheselle Dirk [-] 1992	Heist-aan-zee	----	07:50	07:07	8.40
1139		M	Gheselle Lou [] 2021	Heist-aan-zee	----	07:41	06:59	8.60
319		M	Goethals Xander [-] 2014	Eeklo	----	04:02	03:40	16.40
1257		M	Govaerts Felix [] 2019		----	05:52	05:20	11.30
1258		F	Govaerts Marie [-] 2012		----	06:12	05:38	10.60
324		F	Ingelbrecht Alice [-] 2015	Knokke	Team	05:55	05:22	11.20
302		M	Maertens Kayne [-] 2015	Damme	----	05:32	05:01	11.90
314		M	Marys Arthur [] 2020	Knokke	3tk Knokke-	07:36	06:54	8.70
315		F	Marys Amélie [] 2017	Knokke	3tk Knokke-	07:27	06:46	8.90
325		F	Moeys Fenna [-] 2014	Leefdaal	----	05:18	04:49	12.50
1144		F	Neyts Norah [] 2018	Knokke	----	07:33	06:51	8.70
323		M	Raes Alexander [-] 2015	Mechelen	----	04:12	03:49	15.70
310		M	Rosseels Attilio [] 2018	Aartselaar	----	06:09	05:35	10.70
304		M	Serreyn Jack [] 2017	Knokke	----	06:48	06:10	9.70
308		M	Speltinckx Joachim [] 2018	Aartselaar	----	06:05	05:31	10.80
309		F	Speltinckx Olivia [-] 2015	Aartselaar	----	06:06	05:32	10.80
312		M	Van Acker Clement [-] 2010	Knokke	----	04:03	03:40	16.30
313		M	Van Acker Edouard [] 2016	Knokke	----	04:57	04:30	13.30
321		M	Van Breussegem Kobe [-] 2013		Geen	04:59	04:31	13.20
322		F	Van Breussegem Nona [-] 2015	Wijmaal	Geen	06:24	05:49	10.30
168		F	Van Der Haegen Rachelle [-] 2009		----	07:17	06:37	9.10
306		F	Vandamme Leyla [] 2018	Heist-aan-zee	----	07:20	06:40	9.00
316		M	Vandamme Jerome [] 2018	Knokke	3tk Knokke-	06:23	05:48	10.30
305		M	Verbauwen Sten [] 2020	Adegem	----	05:52	05:20	11.30
1234		M	Watteeuw Alexander [] 2022	Heist-aan-zee	----	10:02	09:07	6.60

RESULTS :

TUSSEN TWEE FEESTENLOOP

700 m

KNOKKE

27/12/2025

rank	bib	gender	name [catg / year]			time	time / km	km/h
410	F	Baekelandt Ella [-] 2013	Heist-aan-zee	3tk Knokke-		04:35	06:32	9.20
1102	F	Beyne Renée [] 2020	Dudzele	----		04:58	07:05	8.50
1080	M	Bodarwe Lias [] 2019	Butgenbach	----		03:40	05:14	11.50
101	M	Bosoni Mylo [] 2017		----		03:14	04:37	13.00
1123	M	Bourgois Wout [] 2019	Waterland-	----		03:37	05:10	11.60
1226	M	Cleymans Oliver [] 2019	Vosselaar	----		04:02	05:45	10.40
1091	M	Cool Tuur [] 2019	Knokke	3tk Knokke-		04:32	06:28	9.30
1087	F	Coudeville Olivia [] 2020	Heist-aan-zee	----		05:45	08:12	7.30
1088	F	Coudeville Marie [] 2019	Heist-aan-zee	----		05:44	08:11	7.30
114	M	De Brabandere Conrad [] 2016		----		02:51	04:04	14.70
116	M	De Kimpe Nicolas [] 2018		----		05:04	07:14	8.30
117	M	De Kimpe Alexander [] 2016		----		03:44	05:20	11.30
109	M	De Vogelaere Jules [] 2023		----		07:52	11:14	5.30
1095	F	Deconinck Jane [] 2020	Knokke	3tk Knokke-		05:16	07:31	8.00
1119	F	Delbecque Noélice [] 2020	Blankenberge	----		05:10	07:22	8.10
1120	F	Delbecque Juline [] 2017	Blankenberge	----		04:56	07:02	8.50
1101	M	Demey Jeff [] 2020	Heist-aan-zee	----		05:27	07:47	7.70
1075	M	Draelants Jesse [] 2017	Eliksem	----		02:43	03:52	15.50
1110	F	Goethals Obe [] 2021	Heist-aan-zee	----		04:46	06:48	8.80
1111	M	Goethals Ties [] 2019	Heist-aan-zee	----		03:53	05:32	10.80
1112	M	Goethals Loïc [] 2017	Eeklo	----		02:54	04:08	14.50
106	F	Hebbelinck Lauren [-] 2015		----		03:16	04:40	12.90
105	M	Hebbelinck Casper [] 2016		----		03:00	04:17	14.00
107	M	Hebbelinck Mats [] 2021		----		04:25	06:18	9.50
1085	F	Herrebosch Emmaline [] 2018	Brasschaat	----		04:30	06:25	9.30
1086	M	Herrebosch Jacques [] 2020	Brasschaat	----		04:29	06:24	9.40
1125	F	Heymans Céleste [] 2018		----		04:44	06:45	8.90
1131	F	Ingelbrecht Aude [] 2018	Knokke	Team		18:07	25:52	2.30
1089	F	Janssens Manou [] 2018	Damme	----		19:19	27:35	2.20
1090	M	Janssens Loïc [] 2017	Damme	----		03:53	05:32	10.80
1121	F	Maelegheer Edith [] 2019	Knokke	----		05:33	07:55	7.60
1122	F	Maelegheer Alice [] 2018	Knokke	----		06:42	09:34	6.30
1132	F	Moeys Félice [] 2017	Leefdaal	----		04:08	05:54	10.20
1113	F	Morbee Lilly [] 2019	Knokke	----		05:22	07:40	7.80
1129	F	Raes Aline [] 2019	Mechelen	----		04:09	05:55	10.10
1115	M	Roelandts Viktor [] 2018	Reet	----		03:37	05:10	11.60
1116	F	Roelandts Alice [] 2021	Reet	----		05:48	08:17	7.20
1118	F	Roggeman Stella [] 2019	Knokke	----		03:48	05:25	11.10
100	F	Rufflo Leni [] 2025		----		03:23	04:50	12.40

1083	F	Stevens Renée [] 2018	Astene	----	03:25	04:52	12.30
1284	F	Stevens Vosse [] 2018		----	05:06	07:17	8.20
1285	F	Stevens Reva [] 2018		----	05:06	07:17	8.20
1130	F	Sys Léonie [] 2019	Knokke	Ju Jitsu Kuo	04:09	05:55	10.10
113	F	Tondeur Prudence [] 2018		----	04:13	06:01	10.00
112	F	Tondeur Marie-julie [] 2019		----	04:31	06:27	9.30
1126	F	Trenson Lily [] 2017	Damme		05:00	07:08	8.40
1127	M	Trenson Lars [] 2019	Damme		03:25	04:52	12.30
1128	F	Trenson Anna [] 2021	Damme		05:03	07:12	8.30
1104	F	Van Den Steen Cilou [] 2017	Heist-aan-zee		04:53	06:58	8.60
1105	F	Van Den Steen Charlotte [] 2019	Heist-aan-zee		03:42	05:17	11.40
1212	M	Van Doninck Nicolas [] 2016	Rijkevorsel	Zwarte	03:00	04:17	14.00
1092	F	Van Laeken Anais [] 2020	Knokke	3tk Knokke-	05:25	07:44	7.80
1106	M	Van Ryckeghem Mats [] 2017	Sint-andries	8000	03:56	05:37	10.70
1107	M	Van Ryckeghem Vic [] 2019	Sint-andries	8000	04:01	05:44	10.50
1094	F	Vandamme Estelle [] 2020	Knokke	3tk Knokke-	05:18	07:34	7.90
643	M	Verbauwen Scout [] 2017	Adegem	----	16:30	23:34	2.50
1082	F	Verbauwen Millie [] 2023	Adegem	----	06:52	09:48	6.10
1103	F	Waeghe Jutte [] 2020	Knokke	----	04:56	07:02	8.50
1109	F	Warichet Jeanne [] 2018	Knokke	Herve	04:04	05:48	10.30
1093	F	Wenmaekers Ella [] 2016	Knokke	3tk Knokke-	46:24	66:17	0.90
1108	M	Willems Gaspard [] 2021	Assebroek	----	04:23	06:15	9.60